Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran
Forecast valid from 06:00 on Sunday 30 Jul 2023 until 23:59 on Monday 31 Jul 2023

Forecast Issued on Sunday 30 Jul 2023 at 04:33 by Met Office Aberdeen

Confidence: High confidence for unsettled conditions throughout the next 5 days. Lower confidence in the daily rainfall detail.

Headline for Sunday 30 Jul 2023: Frequent showers, some heavy and thundery, clearing later.

Mountain weather hazards on Sunday 30 Jul 2023

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
No Likelihood

Severe chill effect
No Likelihood

Poor visibility
Medium Likelihood

Thunderstorms
Low Likelihood

Heavy persistent rain
Low Likelihood

Strong sunlight
Medium Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Heavy Rain	Light rain	Light rain showers	Cloudy	Cloudy	Cloudy
Precipitation probability					
40%	40%	30%	20%	10%	<05%

Forecast for Sunday 30 Jul 2023

Weather: Frequent heavy showers at first. Showers begin to ease from the morning before clearing from late afternoon leaving most places dry with sunny spells later.

Chance of cloud-free hill tops above 800m: 30% in the morning increasing 90% in the afternoon.

Low Cloud and visibility: Broken cloud 600-800m in frequent showers at first rising to 1000m through the morning and lifting to above summits during the afternoon. Visibility will be poor at first becoming good.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Sunday 30 Jul 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	18/22 SW	16/20 NW	17/23 W	13/18 W	8/12 W	6/7 S	8/10 SE
900	13/16 SW	13/16 NW	15/20 W	13/18 W	8/12 W	4/5 S	9/11 SE
600	16/19 SW	11/14 SW	15/20 W	15/20 W	9/13 W	5/7 SW	6/8 E
300	8/12 SW	11/16 NW	11/17 NW	8/14 W	5/9 SW	4/6 S	3/5 E
Glen	6/11 SW	12/18 W	11/20 NW	12/21 W	8/14 W	4/8 S	2/5 E

Height (m)	Temperature / Feels Like (°C)						
1300	6/1	6/2	6/2	7/3	7/4	6/5	6/4
900	8/4	9/6	10/7	10/8	10/8	9/8	7/5
600	10/6	11/8	12/10	12/10	12/10	11/10	10/9
300	12/10	13/11	15/13	15/14	15/14	13/13	12/12
Glen	13/12	16/14	18/16	18/16	17/16	14/14	12/12
Freezing Level*	2200m	2100m	2200m	2200m	2200m	2100m	2200m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Nothing extra.

Forecast for Monday 31 Jul 2023
Weather: Cloudy with rain or showers.

Maximum wind: East 20-25mph gust 35mph

Chance of cloud-free hill tops above 800m: 30% increasing 60% in the afternoon.

Low Cloud and visibility: Broken cloud 400-600m across southern ranges at first will lift and break in the morning leaving patchy cloud 900-1100m in the afternoon. The visibility will be good, falling poor in rain and showers.

Temperature: **Glens:** Plus 10 Celsius rising Plus 18 Celsius.
At 800m: Plus 10 Celsius.
Freezing level: Above the summits.

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